## Possible red-flags of physical abuse:

• cuts, lacerations, puncture wounds, open wounds, bruising, welts, black eyes, burns, broken bones ;

- poor skin condition or skin hygiene;
- dehydration and/or malnourishment without an illness-related cause, loss of weight, soiled clothing or bedding;
- broken eyeglasses or frames, signs of physical punishment, or signs of being restrained;
- inappropriate use of medication, overdosing or under dosing;
- the adult telling you they have been hit, slapped or mistreated.

## Possible red-flags of emotional/psychological abuse:

- feelings of helplessness, confusion or disorientation
- hesitation in talking openly;
- anger without an apparent cause;
- the person becoming emotionally upset or agitated or unexplained fear;
- denial of a situation;
- the person becoming extremely withdrawn and non-communicative
- the adult telling you they are being verbally, emotionally, or financially abused.

## Possible red-flags of neglect:

- rashes, or sores on the vulnerable person;
- inadequate clothing;
- untreated medical condition;
- poor personal hygiene;
- lack of assistance with eating or drinking;
- unsanitary and unclean conditions.

## Other indications that abuse of the vulnerable person may be occurring:

• attitudes of indifference or anger towards the vulnerable person;

• family member or caregiver blaming the vulnerable person (e.g. accusation that incontinence is a deliberate act);

- the person may not be allowed to speak for themselves, see others, or speak with you without the caregiver being present;
- threats, insults, harassment, rough physical treatment) by the caregiver
- inappropriate display of affection by the caregiver;
- isolation from family or restriction of activity of the by the caregiver;